

# SWM COLLECTIVE

ARTIST CV



**SWM**

SUPPORTING WELLBEING BY MAKING



SWM (Supporting Wellbeing by Making) is a collective of three recent graduates from three principal backgrounds. Combining our experiences in art, music, and dance we want to bring the gift of creativity to the community.

We have previously collaborated on creative projects, working together to host interactive installations, workshops, and produce original artwork. Individually we have gained transferable skills from community experiences in music, art, and movement workshops held in various locations across the UK. We are utilizing these skills to create a local collective which aims to promote confidence, teamwork, creative expression, and mental well-being amongst participants.

**GRACE STUBBINGS**  
**MEGAN WATSON**  
**VICTORIA MURRAY**

## GRACE

Experienced Keyboardist with a demonstrated history of working in the music industry. Graduated in 2019 with a First Class Honours in Music Production from Leeds College of Music. Grace is a founding member of the band VENUS; a 5-piece all-girl rock band from Leeds, advocating for and empowering women in alternative music, contributing to a safer and more diverse music scene. Previously performing at a variety of festivals, touring nationally, and raising money for Martin House Hospice as part of Centre Stage, Grace has a large range of experience, from working with women at the forefront of the music and art scene, such as Anna Meredith, to hosting family workshops at Brudenell Primary School, Leeds College of Music, Hartlepool Waterfront Festival, and The Sage. From 2019 to 2020 she took part in the CoMusica exchange program at the Sage in Gateshead and attended many training days which provided valuable information about structuring workshops. She also had the opportunity to shadow workshops around Newcastle where she learnt about delivering workshops to a variety of demographics such as: teenage girls, foster families, adopted children and those referred through social services and Mind.

Details:

<https://gra4ce.bandcamp.com/>

## MEGAN

An interdisciplinary designer and artist, recently graduated from studying Critical and Speculative Design at Goldsmiths University of London. Megan holds sustainability and social responsibility at great importance, always producing work that is forward-thinking and encouraging positivity. Megan has experience in acting, sales, curation, graphic design, motion graphics, 3D rendering, publishing, and hosting workshops. In 2018 Megan worked with The British Library of London in Kings Cross, producing a limited series of magazines highlighting niche publications from the library archive. She has also hosted a variety of workshops and events in London and the North East such as: TEKHTM a festival of performances in Brixton Recreation center, in which the performers took inspiration from the architecture, choreographing an intervention. Megan is currently a graphic designer and changemaker ambassador for the Be The Change Project, through which she supports and raises funding for humanitarian and environmental causes.

Detail:

[www.megwatson.co.uk](http://www.megwatson.co.uk)

@megwatsonn\_

## VICTORIA

Victoria is a recent graduate from the University of Edinburgh. She is a classically trained dancer and has a firm understanding of a range of genres including: tap, ballet, modern jazz and contemporary. She has recently developed her practice and now looks to use movement for wellbeing through intuitive dance practices. She held multiple workshops for women whilst at Edinburgh University whilst further developing her practice, attending workshops in various intuitive movement schools such as Open Floor and Five Rhythms. Alongside her studies she also volunteered for the Green Team a charity based in Edinburgh where she gained experience working with young women referred through CAMHS, connecting groups with nature and helping them to build resilience.

Details:

@ victoriamurraycopywriting

# TEAM WORK MAKES

## GROW, BLOOM, LOVE. DIGITAL EXHIBITION ON DOVETAIL JOINTS GALLERY 2020 -

Grow Bloom Love explores the human experience of connecting with nature, converting this coalesce into a digital environment. Depicted through 3D rendering and sonic art.

## TIDES ART INSTALLATION AT WINTERTIDE FESTIVAL 2020 -

This year Wintertide Festival consisted of a socially distanced art trail, lighting up Hartlepool's headland. As it was during the lockdown, it was adapted so the community could still get involved in the arts, whether it was making art themselves or walking around the trail. Our project was called "Tides". SWM featured in the event as a window installation, consisting of three window features accompanied by 'Sirens' a soundtrack inspired by the mythology of siren songs.

Tides represented the relationship between the moon and the ocean; portraying the movement of the sea as it dances under the moon's gravitational force. The project explored this scientific relationship as well as its mythological connotations. Featuring magical colours and siren songs, SWM shone right onto the seafront at the Headland, an important location in Hartlepool's collective identity.

## "I AM OBSESSED WITH BEING RELAXED" A PROJECT ABOUT HERBALISM - 2020

In 'I am obsessed with being relaxed' Megan explores how Herbalism's connections to relaxation can be applied to new formats, discussing the possibility of applying relaxation using a historical methodology in a digital realm. IAOWBR functions through the virtual reality of a planet, combining this visual with a guided meditation.

## LANDSCAPE OF DREAMS IMMERSIVE INSTALLATION AT THE STUDIO HARTLEPOOL 2019 -

The Landscape of Dreams was Influenced by the concept of Dreamscapes from the surrealist manifesto. It was a collaborative event featuring musicians and artists. Together we recorded, interpreted and transformed our dreams into art. The immersive installation featured music, voice recordings, projections, a VR headset, sculptures, and objects relating to dreams.

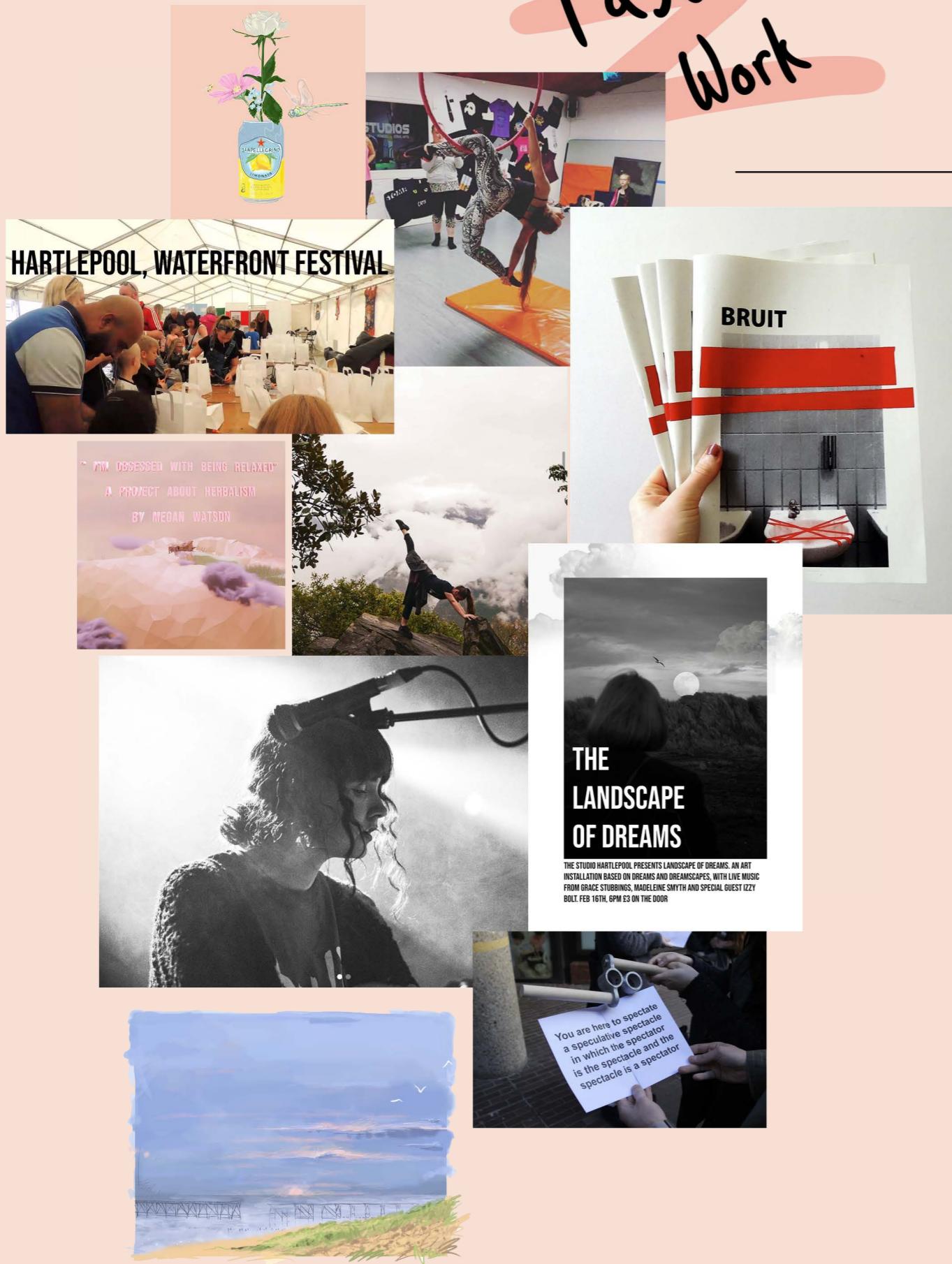
## HOMEMADE INSTRUMENTS WORKSHOPS AT HARTLEPOOL WATERFRONT FESTIVAL - 2019

Homemade instruments was a family workshop in which participants made flutes out of carrots and windchimes out of ordinary objects commonly found within the home.

# THE DREAM WORK



# Past Work



## CONTACT

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